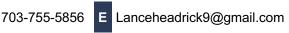
LANCE HEADRICK

EPEE COLLEGE FENCING CANDIDATE CLASS OF 26'







680 River Bend Rd Great Falls, VA 22066



LanceHeadrick.com

LEADERSHIP HIGHLIGHTS

Founder: Langley High School String Quartet

President: Langley Barbershop Choir, The Major Minors

First Chair, Carnegie Hall: Langley Orchestra NYC Performance Mentor, Fairfax County Elementary Schools: Volunteer each week to

give virtual cello lessons to elementary students.

MUSICAL SKILLS

Tri - M Honor Society: Accepted as a Sophomore

Bass Singer, Langley Madrigals: Soloist (Gaston in Disney Show) and

member of Langley's Top High School Choir

Soloist, Winter Concert: Selected to perform vocally and on the piano with

a featured solo in high school Winter Orchestra Concert

Pianist, "Les Misérables" & "Pavane": Accompanied Langley Orchestra

COMMUNITY

Founder: FreeNationalAnthem.com, site that connects volunteers to sing/play the national anthem at local events

Peer Buddy, Best Buddies: Weekly volunteer for organization empowering students with special needs. Participant in annual Friendship Walk

ACADEMICS & CLUBS

Johns Hopkins Center for Talented Youth: Accepted into program and completed "A Study of Sherlock"

Model United Nations - Verbal Award at TAEMUN

Speech & Debate (Impromptu) – Received top 15 placement at very first speech competition

Chinese Club – Complement to 4+ years language study

EXTRAS

Instagram Fitness Content Producer: Inspires teens to pursue healthier lifestyles; 105,000+ views on Lance Lifts

Weight Lifting, 1,000+ Pounds Club - Compound lifts of Bench, Squat & Deadlift

Cheerleading – Starter & Backspot on Langley's Varsity team

EDUCATION

Langley High School McLean, VA 3.7 GPA

FENCING

Elite Fencing Academy Springfield, VA PH: 703-827-3285



NATIONALS 24'

- 26TH DIVI MENS EPEE
- 41TH JUNIOR MENS EPEE

JANUARY NAC 2024

- 35TH JUNIOR MENS EPEE (7/24) SICC 23-24
- 19TH SJCC JUNIOR MENS EPEE
- I ITH SJCC CADET MENS EPEE

RANKINGS

- CADET 18TH
- JUNIOR 54TH
- **DIVI-90TH**